QUERY action 1 – to add a viewed user to my list of user IDs

UPDATE `#__comprofiler` SET `cb_requested_by_currently` = CONCAT(cb_requested_by_currently,
"[cb:userdata field="Id" user="#me" /],") WHERE `id` = [user_id];

UPDATE `#__comprofiler` SET `cb_my_current_requests` = CONCAT(cb_my_current_requests,
"[user_id],") WHERE `id` = [cb:userdata field="Id" user="#me" /];

UPDATE `#__comprofiler` SET `cb_requests_count` = (LENGTH(cb_my_current_requests)LENGTH(REPLACE(cb_my_current_requests, ",", ""))-1) WHERE `id` = [cb:userdata field="Id" user="#me"
/];

Query action 2 – to remove the person from the list

UPDATE `#__comprofiler` SET `cb_requested_by_currently` = REPLACE(cb_requested_by_currently,
",[cb:userdata field="Id" user="#me" /],", ",") WHERE `id` = [user_id];

UPDATE `#__comprofiler` SET `cb_my_current_requests` = REPLACE(cb_my_current_requests,
",[user_id],", ",") WHERE `id` = [cb:userdata field="Id" user="#me" /];

UPDATE `#__comprofiler` SET `cb_requests_count` = (LENGTH(cb_my_current_requests)LENGTH(REPLACE(cb_my_current_requests, ",", ""))-1) WHERE `id` = [cb:userdata field="Id" user="#me"
/];